

Urine Collection - Using a Pad

Aim of the leaflet

This leaflet is aimed at parents of babies/infants who need to collect a urine sample using a pad.

How to collect the specimen

1. Clean your babies nappy area well using clean water and a little soap, if necessary, but then rinse (do not use baby wipes). Do not apply any creams or ointments.
2. Using a clean nappy, stick the pad to the inside of the nappy making sure that it is in a position towards the front of the nappy where it is most likely to become wet.
3. Check the pad every 10 minutes.
4. If the pad fails to become wet within half an hour or becomes soiled it should be replaced with a fresh pad.
5. As soon as the pad is wet, wash your hands and then use the syringe provided to draw the urine (wee) out from the pad. Put the urine in the yellow or white topped collection bottle provided (the doctor or nurse will tell you which bottle).
6. You will need to press the tip of the syringe firmly into the pad before pulling the plunger back. Repeat this procedure several times in order to collect enough urine for testing.
7. Return the urine sample with the card in the bag provided to the hospital or to your GP's surgery (if you live in the Boston area) on the day of collection.
8. Do not allow your child to handle the yellow topped bottle. Contents are preservative acid and should not be swallowed.

Contact details

If you have any questions about any of the information contained in this leaflet please contact the Children's Clinic on 01205 445416.

The Trust endeavours to ensure that the information given here is accurate and impartial.

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